

High School Boy's Backpacking Trip 2024

Destination: Wilderness State Park in Carp Lake, MI

Important Dates/Times:

- Thursday 6/13/24 leave for Wilderness State Park at 7:00am from the church
- Saturday 6/15/24 return to the church by 9:00pm

Price: \$95 (Check, Zelle at events@mtzion.org, or Online with Credit Card) – includes gear, transportation, sleeping pad, tent, park permit and food while in Wilderness State Park, but does not include food while on the road. We will need to stop on the way there and on the way back for gas etc. at which time the kids can get food, but that is not covered in the price.

- Spot is not reserved until waiver is filled out and signed, insurance information is entered on waiver form and received, and payment is received.
- There is not a pre-trip meeting this year so please pay close attention to the list of what to bring. If the kids do not have what they need, there won't be a great way to fix that.

What you need to bring:

- Sleeping bag or fleece blanket
 - You need something warm to sleep in when it's wet. Cotton will not stay warm
- Hiking boots/sturdy gym shoes. These shoes will get very dirty and very wet.
- 2 outfits, both that can be used to sleep in and hike in
 - One outfit must include long, light running/jogging pants
 - All clothes should be light weight and dry quickly
 - Nylon, polyester type (athletic) materials work best
 - No cotton or denim, because it does not dry and it chafes your skin when it's wet
- 1 light fleece top. A light fleece jacket is good
- 2 pair of socks wool or synthetic are best, if you have them
- 2 pair of underwear (non-cotton)
- One clean outfit to leave in the vehicle to travel home in.
- A backpack to carry gear/clothes. Can be a string backpack or a normal bag. High possibility it will get dirty or wet.
- Toothbrush and toothpaste
- Please only bring prescribed medications in correct amount for the time we will be gone and no more
- Small flashlight or headlamp, extra battery
- A non-breakable cup (12-16oz preferably) and a spoon.
- Water bottle
 - This can be as simple as a plastic water bottle from the store. This will get refilled several times and be the main thing they will drink purified water from.
- Phone for travel time only: it will need to stay in the vehicles while camping at your own risk.
 - Please note there will be no service.
- Personal food and snacks OR money for the car rides to and from the Park. This food will stay in the bus while we are camping.

Don't bring:

- Any technology other than your phone, which you bring at your own risk, and we ask that you leave it in the vehicles when we go to set up base camp.
- You can feel free to call Sam O'Berry at any point – 248.802.0099
- Personal food and snacks OR money (\$25 is ok) for the car rides to and from.
 - This food will stay in the vehicles while we are camping. You can just bring this with you the day we leave.

Contact Sam O'Berry if you have any questions: soberry@mtzion.org or 248.802.0099